



Teach Your Child to Be Dependable

Character-Building Activities have been aligned with core subject areas.

1. Tell your child that every family member must help at home. Assign routine jobs. Rotate often. Let your child join in jobs such as clearing the table, feeding pets, folding towels, etc. Explain that family members depend on each other to do their jobs. **(Social Studies)**
2. Reward completed jobs by placing happy faces, stickers, stars, etc. on a calendar. Give lots of verbal praise and encouragement. **(Healthful Living)**
3. Plant a flower or shrub with your child. Explain how to care for plants. Take a series of pictures of your child caring for the plant. Date each photograph and arrange them in order. Assist your child, if needed, in writing in a journal about the care of the plant. Talk about the changes. **(Science & Language Arts)**
4. Teach your child his/her complete name, address, phone number, and to use 911. Practice. Be patient. **(Guidance)**
5. Solve: At Lincoln Elementary School, students must have an ID card to check out books. On Thursday, September 12th, 250 students had their IDs, 25 did not. Write the number in words for the dependable students. **(Math)**

Recommended Book: *Amelia Bedelia*, Peggy Parish

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Cut and post this Positive Message in a visible place where your child can see it often.



***You're growing up. I'm proud that
I can depend on you to do your chores.***



Be Dependable

Being dependable is having someone trust in and count on you to do what you say you will do. We trust people we know we can depend on.





Teach Your Students to Be Dependable

Character–Building Activities are aligned with Common Core State Standards (www.corestandards.org), indicated after each activity.

1. Read and discuss *Amelia Bedelia*. Encourage students to predict what will happen. Ask students to tell what jobs they do at home. **(Reading: Literature RL.2.3)**
2. Select a different student each day to serve as “Helper of the Day.” Prepare a display area with a list of jobs to be done. Photograph the student who will serve as class helper. Post picture. **(Language L.2.5a)**
3. Encourage students to be responsible for personal belongings, books, keeping their areas clean, putting away toys and supplies, etc. Tell students what you expect, follow through, and recognize them when they are dependable. **(Speaking & Listening SL.2.1a)**
4. Establish a “Do you have everything?” check at the end of the day. Allow students to gather belongings (books, homework, assignments, book bags, papers, coats, lunchboxes, etc.). Assign partners to check each other to determine if everything is ready to take home. Display the checklist in a visible area. **(Language L.2.5a)**
5. Use remaining space for teacher–suggested activities:

Name: _____

July

Student Mastery Activities

Dependable

Positive Message

I am proud that you can depend on me.

1. What does "being true to your word" mean?

3. Are the people in the following situations being dependable? Answer *Yes* or *No* in the blank space.

- _____ Bob makes sure his desk is left clean each day.
- _____ Ann comes home from school on time each day.
- _____ Johnny takes out the garbage every Wednesday.
- _____ Mom always picks me up from school at the same time each day.
- _____ I don't know when my friends are going to play with me.
- _____ I get my allowance every week.

Teacher Instructions: Ask students to make a reminder checklist so that it can help them become more dependable.

