

Online Curriculum Components

- ✓ Character-Building Parenting Activities[†]
- ✓ Teacher Lesson Plans[†]
- ✓ "I Care" Measuring System
- ✓ Hands-On Parenting Activities
- ✓ Mastery of Character Trait Activities[^]
- ✓ Character Bulletin Board Messages[^]
- ✓ Independent Student Study Activities[^] (Middle & High School Students Only)
- ✓ Training Presentations for Parents, Teachers, Community Partners, and Students
- ✓ "I Care" Parent Portal

[†]Aligned with Common Core State Standards and core subject areas. [^]Monthly components.

Site License Fees

(Request an Estimate)

The "I Care" Curriculum fee includes 10 Parenting Components (files), measuring system, parent portal, and customer support. The first year fee ranges from \$4.95/student to \$6.95/student, based on school or district enrollment. For year two and beyond, the annual update fee ranges from \$0.50/student to \$1.50/student, based on enrollment (for data storage, curriculum updates, measuring system, and customer support.).

See "I Care" Curriculum fee chart at www.icarenow.com (look under **Measuring** menu options).

Samples of Curriculum Components & Measures

(For each grade level from PreK through 12th)

Parenting Activities

"I Care" Positive Parenting Character Curriculum
3rd Grade

January
Character-Building Activities

Teach Your Child to Persevere

Character-Building Activities have been aligned with core standards.

- Have a discussion with your child about the value of learning from some mistakes you have made and the lessons learned. Did the better mistakes the next time? How? (**Guidance**)
- When your child is having trouble performing a task, use encouraging phrases like "I know you can do it!"; "Hang in there!"; "Keep the faith."; etc. to them. Write down encouraging phrases and place them in highly visible places for your child to see and use. Have other family members add to the list.
- Share some examples of people in your family, community, or nation who have overcome challenges but did not give up. (**Social Studies**)
- Assist your child in learning the multiplication tables (1-12) without hesitation. Use flashcards, math computer site, or a multiplication chart when your child has learned one set successfully. (**Math**)
- Assist your child in planting seeds or seedlings in separate containers in the dark and one container in plenty of sunlight. Ask your child to describe how environmental conditions determine how well plants grow. (**Science**)

Recommended Book: *The Beast in Ms. Rooney's Room*, Patricia Polacco

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Cut and post this Positive Message in a visible place where your child can see it.

Effort, along with stick-to-it-iveness, is a big success in school and life!

Teacher Lesson Plans

"I Care" Positive Parenting Character Curriculum
3rd Grade

January
Teacher Lesson Plan

Teach Your Students to Persevere

Character-Building Activities are aligned with Common Core Standards (www.corestandards.org), indicated after each activity.

- Read and discuss *The Beast in Ms. Rooney's Room*. Define the term "persevere" for your students as staying with a task until it is completed or not giving up. Ask students about instances when you did not give up and ask them to write them down. (**Language Arts L.3.5b**)
- Teach your students positive self-talk phrases. Examples: "I am that"; "I enjoy reading"; etc. Ask students to provide additional phrases. (**Speaking & Listening SL.3.1d**)
- Identify a list of national heroes that overcame life challenges and share with the class. Examples: Michael Jordan, Walt Disney, Woodrow Wilson, etc. Ask students to determine the heroes' challenges and actions. (**Writing W.3.7**)
- Identify and assign some challenging class projects for your students. If students become frustrated or make mistakes, use encouraging phrases to them. Examples: "You're getting better!"; "There's no need to rush."; "Keep going!"; "That was a nice try!"; etc. Allow students to share openly about their experiences. (**Speaking & Listening SL.3.4**)
- Use remaining space for teacher-suggested activities:

Mastery of Character Trait Activities

January
Persevere

Name: _____
Date Received: _____
Signature: _____

Student Mastery Activities

Message
Perseverance means to keep on trying even when it is hard.

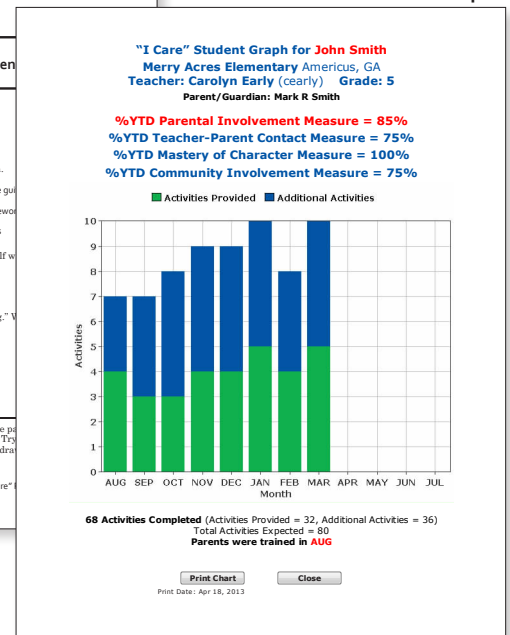
- Why is it important to persevere even if it is hard?
- Circle the things below that you might have to persevere to finish.

Brushing your teeth	Learning to play the guitar
Talking to your friend on the phone	Doing all your homework
Washing the dishes after dinner	Hiking for two miles
- What are some "keep on trying" words that you can say to yourself when you are struggling?
- Some people say, "When the going gets tough, the tough get going." What does this mean?

Activity
Did you know that there are people who paint pictures by holding the pencil in their mouth? They have to persevere for sure. Try holding the end of your pencil or a marker then hold it in your mouth and try to draw a picture. How did your picture turn out?

3rd Grade www.icarenow.com "I Care"

Student Data Graph



*The curriculum is available online and includes the "I Care" Curriculum Files, the "I Care" Measuring System, the "I Care" Parent Portal, training presentations, & implementation practices.

